

NRR WINTER ROUTE K - THE RACECOURSE

<https://connect.garmin.com/modern/course/326834456>



4.8 miles/7.8 km | Do as much or as little once at The Racecourse

- A. Leave the Uni along University Drive. Cross at the Kazoo Garage lights and turn right.
- B. Turn left up Cliftonville Rd, cross Billing Road, and go all the way to the very top T-junction.
- C. Turn right on Wellingborough Road and cross at lights before the Jeckyll & Hyde Pub.
- D. Continue along Wellingborough Road and take the 2nd left on Whitworth Road, just before the Sainsburys.
- E. Follow the road all the way to end T-junction at the Magee Street Bakery.
- F. Turn left onto Derby Road and follow to the end.
- G. Right onto Kettering Road and use the crossing at The Picturedrome.
- H. Head right past the car park, past the right-hand side of the white Pavillion building and past the yellow gate (stop day-dreaming about the Barkley Marathons...) to the crossing of paths.
- I. From here, make up as much distance as you want in your groups around the park, if you turn right and make full loops of the outer path, they are each 1.7 miles or 2.8 km as you prefer. It will be 2 miles or 3.3 km back to the university.
- J. Suggested route is to continue straight on the path to the corner of the park, turn left along St Georges Avenue, left again through the middle of the park, right at the crossing in the middle of the park, left at the white sphere to pass the basketball courts before turning right back toward the crossing at The Picturedrome.
- K. Retrace the route back to the Uni – right at Picturedrome, first left along Derby Road, second right at Magee Street Bakery along Magee Street, right at Wellingborough Road, left at St Edmund Street, right at Bedford Road and home.

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